

# The Theosophical Society in America

## Texas Federation

<http://txfederation.theosophical.org>

The Texas Federation is comprised of members of the Theosophical Society in America living in the state of Texas, and also includes the Austin Study Center, Dallas Study Center, Houston Lodge, Houston Vietnamese Study Center, New Braunfels Study Center, San Antonio Lodge, and West Houston Study Center



### The Three-Fold Path to Self-Discovery: Balancing Knowledge, Devotion, and Action

May 1-3, 2026

*Hilton Garden Inn Energy Corridor*  
12245 Katy Fwy, Houston, TX 77079  
Phone: 281-531-0220

Speaker: *Juliana Cesano*



The Theosophical Society in America  
Texas Federation  
90<sup>th</sup> Annual Convention



Greetings from the Texas Federation!

Dear Fellow Theosophists and Friends of Theosophy,

We are pleased to announce the 90<sup>th</sup> Annual Convention of The Theosophical Society in America Texas Federation will take place in Houston, Texas on May 1-3, 2026 at the Hilton Garden Inn Energy Corridor.

The title for the weekend is "**The Three-Fold Path to Self-Discovery: Balancing Knowledge, Devotion, and Action.**"

Every sincere spiritual search eventually brings us to a simple realization: growth is not one-dimensional. The great traditions have long recognized this. The Bhagavad Gita speaks of three complementary ways of discovering the Real—through knowledge, through devotion, and through selfless action. These are not rigid categories, but movements of consciousness already present within each of us, asking to be developed and brought into harmony.

In the life of the theosophist, these same movements quietly take form as study, meditation, and service. This program offers a space to explore how these dimensions are unfolding in you now. Which comes naturally? Which feels less developed? How might a more balanced cultivation of knowledge, devotion, and action bring greater depth and authenticity to your path?



**Juliana Cesano** was an active young Theosophist from Argentina. Born into a Theosophical family, she became a member of the Theosophical Society in 1996. After volunteering for two years at the International Headquarters in Chennai, India, she moved to the United States, where she currently serves as Director of Theosophical Education and National Secretary of the Theosophical Society in America. As an international speaker for the Theosophical Society (Adyar), she shares her insights in programs and retreats around the world.

**As a courtesy to our friends with allergies, please refrain from wearing cologne, perfume, scented lotion, etc. during the conference. We appreciate your understanding and consideration.**



# Conference Schedule



## Friday evening, May 1, 2026

- 6:00 pm - 7:00 pm Registration  
7:00 pm - 7:15 pm Opening remarks.  
7:15 pm - 8:15 pm **Foundations**  
The shape of longing. Overview of the Seven Human Temperaments. Dharma and the three major Margas. Self-assessment exercise.  
8:20 pm - 9:00 pm **Practice: Foundations of Meditation**

## Saturday, May 2, 2026

- 9:00 am - 9:30 am Registration  
9:30 am - 9:45 am Meditation  
9:45 am - 10:00 am Opening the 87<sup>th</sup> Annual Convention  
10:00 am - 11:00 am **The Path of Wisdom**  
Characteristics of Jnana Yoga. The processes of purification. Acquiring higher knowledge. The radiant mind (*Manas-taijasi*).  
11:10 am - 12:10 pm **Practice: Meditation on the Nature of the Self**  
12:10 pm - 2:00 pm Free Time (Lunch on your own)  
2:00 pm - 3:00 pm **The Path of Devotion**  
Characteristics of Bhakti Yoga. The role of a personal deity or ideal. Cultivating selfless love and surrender. Forms of devotional practices.  
3:10 pm - 4:10 pm **Practice: Constant Remembrance in the Heart**  
4:10 pm - 5:30 pm Free time  
5:30 pm - 7:15 pm Dinner  
7:30 pm - 9:00 pm **Open Q&A session**

## Sunday, May 3, 2026

- 9:00 am - 10:00 am Texas Federation business meeting (For T.S. member only)  
10:00 am - 11:00 am **The Path of Action**  
Characteristics of Karma Yoga. Selfless action as an offering. Practicing non-attachment to results.  
11:10 am - 12:10 pm **Practice: Meditation as an Act of Service**  
12:10 pm Closing the 90<sup>th</sup> Annual Texas Federation Convention.

## 2026 Texas Federation Registration Form



### Registration options:

1. Click on link below to register via the web:  
<https://bit.ly/2026-tx-federation-registration> , OR
2. Scan QR Code on left with your smartphone, OR
3. Manually fill out the form below and:
  - a. Mail it back to Lien via USPS (see address below), or
  - b. Scan & Text **Cell: 281-685-5809** or Email: [LienPhamLy@yahoo.com](mailto:LienPhamLy@yahoo.com)



\_\_\_\_\_ \$55.00 Early Registration fee (if postmarked by March 31, 2026)

\_\_\_\_\_ \$60.00 Registration fee (if postmarked after March 31, 2026)

\_\_\_\_\_ \$25.00 Vegetarian dinner on Saturday evening

\_\_\_\_\_ Total amount enclosed

\_\_\_\_\_ Total number of reservations

Name (1): \_\_\_\_\_

Name (2): \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

### Please mark one of the checkboxes below to indicate your method of payment:

- For Check payment, please make it payable to: **Houston Lodge Theosophical Society**
- For Zelle payment, please send it to Email: [tshoustonlodge@gmail.com](mailto:tshoustonlodge@gmail.com)

Name: **Houston Lodge Theosophical Society**

Be sure to mention in the memo line, payment is For: **2026 Texas Federation**

Please mail form (and check if paying by check) to:

**Lien P Ly**  
**16106 Darrian Ln**  
**Houston, TX 77049**

Cell: **281-685-5809** Email: [LienPhamLy@yahoo.com](mailto:LienPhamLy@yahoo.com)

# Hotel Information



## Hilton Garden Inn Energy Corridor

**Address:** 12245 Katy Fwy  
Houston, TX 77077

**Phone:** (281) 531-0220

**Cost:** Valid until April 2, 2026:



\$113 per day plus tax for  
King Bed Room or  
Two-Queen Bed Room

*To receive the above rates:*

- Mention the **Texas Federation of the Theosophical Society in America** when booking by above phone number, OR
- Click on link below to book via the web:  
<https://bit.ly/2026-tx-federation-hotel> , OR
- Scan above QR Code from your smartphone



- Free WIFI
- Free Parking
- Free Breakfast